


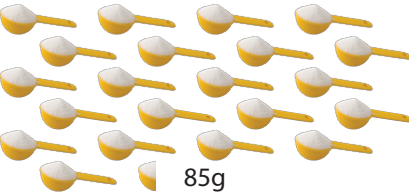





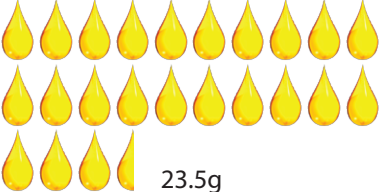







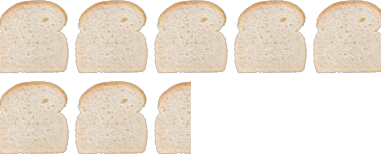
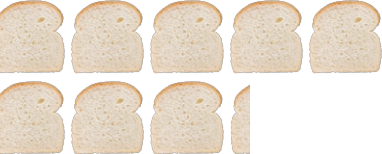
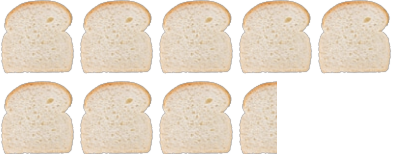


ViSalus Vi-Shape® Breakfast Comparison

	Vi-Shape®	McDonalds	Starbucks	Jamba Juice
	1 Serving Shake Mix with milk, fruit, and Strawberry Mix-In	McMuffin Meal, Coffee, Small OJ	Coffee, Bagel, Small OJ	Protein Berry Smoothie
Cost	\$2.50	\$5.94	\$7.95	\$5.25
Calories	225	610	810	480
Sugar	 13g (from milk and strawberries)	 44g	 44g	 85g
Sodium	 205mg (75mg from Shake Mix)	 1,260mg	 818mg	 170mg
Fat	 1g	 23.5g	 11.6g	 1.5g
Fiber	 9g	 Less than a serving	 Less than a serving	 7g
Carbohydrates	 31g (only 7g from Shake Mix)	 90g	 99g	 101g

Images are representational only. For example: one salt shaker represents 100mg sodium.